

#MYSWINGCREATION – a standalone game

Instructions:

You will need a dice or a randomizer.

As you roll the dice, you will build your #myswingcreation according to the numbers you roll:

Basic Version – for all skill levels

1st roll determines **pattern**:

1. Sugar Push
2. Left Side Pass
3. Right Side Pass
4. Sugar Tuck
5. Left Side Tuck
6. Whip Step

2nd roll determines **body part to use**:

- 1 or 2 - Upper Body – head, shoulders, arms
- 3 or 4 - Lower Body – hips, legs, feet
- 5 or 6 - entire body rotation or level change

3rd roll determines **which part of the pattern to execute**:

- 1 or 2 - walk walk – first two beats
- 3 or 4 - first triple - middle of the pattern
- 5 or 6 - anchor triple – end of pattern

Advanced Version – for the overachievers

4th roll determines **which side of the dance**:

- 1-2-3 Leader's side
- 4-5-6 Follower's side

Additional possibilities – if you REALLY want a challenge

2nd roll determines **actual body part** (roll again for more than one body part):

1. Head
2. Shoulders
3. Arms
4. Hips
5. Feet
6. Entire body

3rd roll determines **actual beat to execute**

- Note – 5 or 6 is always the first and second beats of the anchor!(e.g. roll 5 on a whip means count 7 – first beat of the anchor)

Post your video showing how you played each round and challenge a friend to do the same! Have Fun! Happy Creating!

#myswingcreation

<http://www.marioswingdaddy.com/>

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